



UPCOMING EVENTS Spring 2009

April

- 6 Freestyle Wrestling (WR)
- 7 Freestyle WR
- 8 Freestyle WR
- 9 RS Prayer Meeting
Freestyle WR
- 11 WR Tourney—Federal Way
- 13 Freestyle WR
- 14 Freestyle WR
- 15 Freestyle WR
- 16 RS Prayer Meeting
Freestyle WR
- 17 RS Board Meeting
- 18 WR Tourney—Lynnwood
- 19 Tacoma Rainiers Chapel
- 20 Freestyle WR
- 21 Freestyle WR
- 22 Freestyle WR
- 23 RS Prayer Meeting
Freestyle WR
- 25 WR Tourney—Tahoma
- 27 Freestyle WR
- 28 Freestyle WR
- 29 Freestyle WR
- 30 RS Prayer Meeting
Freestyle WR

May

- 2 WR Tourney—Spokane
- 3 Tacoma Rainiers Chapel
- 4 Freestyle WR
- 5 Freestyle WR
- 6 Freestyle WR
- 7 RS Prayer Meeting
Freestyle WR
- 9 WR Tourney—Whidbey
- 10 Tacoma Rainiers Chapel
- 11 Freestyle WR
- 12 Freestyle WR
- 13 Freestyle WR
- 14 Freestyle WR
- 16 WR Tourney—Auburn
- 18 Dominican Rep Parent Mtg
- 23 18U Red Baseball Tourney
- 24 Tacoma Rainiers Chapel
- 29 16U Baseball Tourney
- 30 16U Baseball Tourney

Season 3 Quarter 2: Spring

WRESTLING

Freestyle wrestling (club wrestling) continues through May for wrestlers ages 5-18 with tournaments every week-end. Practices during February swelled to 90+ kids, so starting in March practices were split with high school kids on Mondays and Wednesdays and younger wrestlers on Tuesdays and Thursdays. This has allowed both age groups to expand. Growth is a good problem! Wrestlers are not only trained on the mat, but they hear a message at the end of practice about how God loves them and desires a relationship with them. A parent focus has been added this season at the end of each Thursday night practice to address issues such as dealing with losses and victories, keeping perspective, and how to talk with kids before, during, and after practice and competition. This focus will culminate with parents writing a letter of blessing to their kids, as we look at what it means to leave a spiritual legacy in our families.



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BASEBALL

All three RS teams (16U and two 18U teams) concluded their winter workouts in February. Workouts included indoor hitting, pitching, fielding, agility, and strength training stations and outdoor fielding if weather permitted. Messages were shared at the end of workouts regarding the crucifixion of Jesus and what his death and resurrection accomplished.



Players then met in small groups with a coach to talk about the message and how it related to their lives. With high school baseball seasons now in progress, RS teams will reconvene in May to begin their summer schedules.

Brian Peterson and Tim Kuykendall will serve the Tacoma Rainiers (AAA Seattle Mariners) as chaplains again for the 2009 season beginning in April. Chapel services are provided for Rainiers players, opposing teams, and umpires every Sunday that the Rainiers are in town.

TENNIS

The RS summer tennis program for boys and girls, ages 8-18, will take place during July with practices and competitions.

OUTDOORS

RS Outdoors will run 7 trips into the backcountry this summer with groups of various ages.

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